



Mental Health

Specialized Consultation of INFOPIA

English

# Lecture & Individual Consultations

**Apr 19**  
(Sunday)



**Free**



**Theme**

# BURNOUT

## Feeling Mentally Tired in Today's World

Don't miss the **SOS** from your mind and body!

Guest Speaker:  
Irineu da Silva  
(Brazilian Psychologist)



### Lecture

**10:00 ~ 12:00** (Maximum of 40 participants)  
emCAMPUS EAST **2F**  
Machinaka Library International Space  
(2-81 Ekimae-odori, Toyohashi City)  
Languages: Portuguese, English, Easy Japanese

### Individual Consultations (50 min)

**13:00 ~ 16:00** (Maximum of 3 participants)  
emCAMPUS EAST **5F** Room 6  
(2-81 Ekimae Odori, Toyohashi City)  
Language: Portuguese



Inquiries & Reservations

080-3635-0783 Portuguese

090-1860-0783 Other languages

Organizer: Toyohashi International Association

Reservations open  
Tue, March 10



Map

